2020 Texas Focus: Self-Determination
Friday, February 28th, 2020
3:30 PM-5:00 PM
My Reflection Matters

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Developed for
Texas School for the Blind & Visually Impaired
Outreach Programs
My Reflection Matters Worksheet

First Impression
1. What is a first impression?
2. What is my first impression?
3. Who cares about my first impression?
4. Do I care about my first impression?

What does my Introduction look like?
1. Does my introduction make face contact?
2. Does my introduction fit the moment?
3. Does my introduction invite a relationship?
4. Does my introduction smile?

What is the best part of me?
1. Here are 4 facts about me…
2. Did you know this about me?
3. If you hang out with me, we would…
4. What makes me, me and can I tell you about me?

Do I know Grace?
1. I define grace as?
2. Do I have grace?
3. How do I get grace?
4. When will grace work?
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Figure 1 TSBVI logo

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