Sports Extravaganza

Announcement

Abstract: This article shares information about Sports Extravaganza, a two day event which encourages physical activities for students who are blind and visually impaired.

Key Words: Blind, visually impaired, Region 10 Education Service Center, Lions Club International, physical fitness, recreation

Region 10 Education Service Center staff and the Lions Club International 2-X1 started the Sports Extravaganza in 1991 in response to the need for an increased emphasis on recreation and lifetime leisure skill development for children who are blind and visually impaired. Students from all over the state of Texas and the United States are welcome to compete. More than 300 students from 55 school districts in Texas, Colorado, New Mexico, Oklahoma and Alabama participate in Sports Extravaganza each October.

Sports Extravaganza provides opportunities for students with visual impairments to experience a variety of activities that encourage a more active lifestyle and lead to participation in life-long leisure, recreation, and competitive sports. Students with visual impairments participate in Paralympic type and national sports such as Track and Field, Goalball, and Beep Baseball. Sports Extravaganza encourages physical fitness among children with visual impairments from infants to 22 year olds.

The 16th Annual Sports Extravaganza will be held on October 17-18, 2014 at Nimitz High School in Irving Texas.